



CONTINENTALE

BUILD YOUR CONTINENTAL BREAKFAST



CROISSANTS

PLAIN (V)	38
CHOCOLATE (V)	48
CUSTARD (V)	68
ALMOND (V)	68
BACON AND CHEESE CRUFFIN	85

TOAST

PANE DI SEGALE RYE BREAD	9
RUSTICO CIABATTA	9
PANE SEMI SEED LOAF	12
CAULIFLOWER & ALMOND	12

STUFFED CROISSANTS

BACON & CHEESE	58
PLAIN & EDAM CHEESE	69
PROSCIUTTO	89
SMOKED SALMON	99
ITALIAN CLUB	93

SIDES

BACON	35	HUMMUS (V)	40	CREAM CHEESE FRIKET (V)	25
LUGANEGA SAUSAGE	35	BREAKFAST SAUSAGE	45	FRUIT SALAD (V)	35
SMOKED SALMON 80G	125	SPINACH	28	YOGHURT (V)	20
AVOCADO (V)	30			MUESLI (V)	35

COLAZIONE

— BREAKFAST —

OVO SAPIENS Artisanal toast, scrambled eggs, tomato roasted in garlic and thyme, mushrooms and bacon	89	FRENCH TOAST French toast served with grilled banana, bacon and maple flavoured syrup	80
BEARS BENEDICT Poached eggs served with bacon, rocket and Basil Béchamel Sauce on artisanal toast	105	CONTINENTAL BREAKFAST Freshly baked croissants served with edam cheese, prosciutto cotto, sliced tomato and wild rocket.	65
SHAKSHUKA Eggs baked and served in Napoletana sauce, chorizo sausage, cannellini beans, peppers and onion. Served with artisanal toast	122	RUSTICO (V) Artisanal toast served with fresh sliced tomato, homemade hummus, crushed avocado and cream cheese friket	88
L'OMELETTE (V) 3 Egg omelette or egg white with mozzarella cheese, served with toasted artisanal bread	72	GRANOLA (V/GF) Seed, nut, honey and grain granola baked with coconut flakes and goji berries	48
- ADD BACON	15	- ADD MILK	10
- ADD MUSHROOMS (V)	15	- ADD ALMOND MILK	33
- ADD SPINACH (V)	12	- ADD YOGHURT	30
- ADD BREAKFAST SAUSAGE	25	- ADD FRUITS	20
TONY SOPRANO Artisanal toast topped with rocket, bacon, mushrooms, poached eggs and parmesan béchamel sauce. Finished off with crushed walnuts	108	IL BOSCO VERDE (V) Poached eggs served with creamed mushrooms and sautéed spinach on artisanal toast	88
LA FRITTATA PICCOLA (V) Petite open omelette topped with tomato, mozzarella, basil pesto and rocket	78	SEBASTIAN'S SAUSAGE PATTIES Fresh breakfast sausage patties made in-house, topped with poached eggs, oven-roasted tomatoes and homemade orange & ginger marmalade on the side	112
CAULIFLOWER STEAK Grilled cauliflower with rocket, poached eggs, feta, halloumi and tomato chutney. Finished off with toasted walnuts	105	BAGNETTE ON TOAST Rye toast topped with poached eggs and anchovies marinated in parsley, chilli and olive oil. Served with oven-dried tomato	78
SALMON AVOCADO TOAST Toasted rye topped with avocado, poached egg, smoked Norwegian salmon, rocket, oven-dried tomato, dill oil, lumpfish caviar and chilli flakes	110	WAFFLES Served with homemade vanilla gelato and maple flavoured syrup	78

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

VISIT OUR BAKERY FOR TODAY'S SPECIALS

Our health conscious sourdough breads contain a natural pre-fermented yeast known as levain which has probiotics beneficial for your gut and is made with imported rye flour. All of our breads are preservative and GMO free, made using filtered water, non-iodised salt and unbleached, stoneground flour in its purest form.

OLD TOWN —x— CAFFÉ

ESPRESSO	25
Single shot	
DOPPIO ESPRESSO	25
Double shot	
MACCHIATO	29
Single shot topped with hot frothed milk	
CORTADO	28
Single shot topped with steamed milk	
CAPPUCCINO	35
Single shot topped with hot frothed milk	
AMERICANO	32
Single shot topped up with hot water	
NUTELLA MOCHA	40
Single shot blended with chocolate nutella milk	
BAMBINOCCHINO	10
Espresso cup filled with warm, frothed milk and topped with cocoa sprinkles for the little ones	
HOT CHOCOLATE	36
Nomu's sustainably sourced cocoa powder based hot chocolate	
LATTE	
Hot frothed milk served with a single shot of espresso	
- REGULAR	31
- CHAI	36
- VANILLA	36
- CARAMEL	36
- HAZELNUT	36

SMOOTHIES

CHUCK BERRY	49
Blueberries, spinach, banana, almond milk and honey	
BLAST SMOOTHIE	57
Peanut butter, pea protein, banana, almond milk, dates and honey	
BLONDIE	55
Mango, banana, pineapple juice and mint	
FRAPPÉS	
ATLANTICO	55
Red espresso, almond milk and honey	
LA MOCHA	50
Espresso, dark chocolate, milk and honey	
OREO SUMMIT	45
Espresso, dark chocolate, oreos, milk and honey	

Right of admission reserved. Ingredients subject to availability. Menu descriptors do not contain all ingredients. All our food items are prepared in a kitchen where nuts, dairy products, wheat gluten, egg and soya are used. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.
OTI VA/11/09/2020

TÉ

— CLASSIC & SPECIALITY TEAS —

		FOR 1 FOR 2
ENGLISH BREAKFAST		26 38
A blend of teas from Assam, Ceylon and Kenya		
EARL GREY		26 38
A black tea infused with the oil of bergamot and orange zest		
CEYLON		26 38
A black tea of Sri Lankan origin		
ROOIBOS		26 38
A herbal tea made from the rooibos plant		
GREEN		26 38
Minimally oxidised Camellia sinensis from China		
MINT		34 48
A green tea of North African origin, with Sahara mint		
VANILLA		35 48
A red tea of South African origin with vanilla infusion		
CHAMOMILE		35 48
A herbal tea made from the chamomile plant		
RED CAPPUCCINO		32
Rooibos tea-based cappuccino		

COLD PRESSED JUICES

Classic orange	51
Carrot, apple, orange, granadilla and ginger	51
Watermelon, raspberry, apple, lemon and mint	51
Apple, beetroot, raspberry, carrot and ginger	51
Apple, cucumber, spinach, kale and mint	51

HEALTH SHOTS

FIERY GINGER - Apple and ginger	31
SPICY TURMERIC - Cold pressed orange, carrot, turmeric, lemon and cayenne pepper	30
CBD SHOT - Apple, spinach, green rooibos and 10mg CBD	36
ENERGY SHOT - Apple, pressed cranberries, green coffee and guarana extract	36

ITALIAN SOFT DRINKS

SAN PELLEGRINO	36
Aranciata - Orange	
Limonata - Lemon	
Aranciata Rossa - Blood Orange	
Aranciata Melograno - Pomegranate Orange	
MACARIO RETRO DRINK	43
Aranciata Rossa - Blood Orange	
Limonata - Lemon	
Chinotoo - Dark Citrus Soda	

ICED TEAS

SAN BENEDETTO ICED TEA	36
Peach	
Lemon	

OLD TOWN®
—x—
ITALY