

BELLINI

Fabbri peach infusion
mixed with
Brut Prosecco

65

CONTINENTALE

BUILD YOUR CONTINENTAL BREAKFAST

MIMOSA

Freshly squeezed
orange mixed with
Brut Prosecco

65

MEATS

PROSCIUTTO COTTO	30
Italian farm-style ham	
PROSCIUTTO BRAGLIA	35
Italian cured ham	
PROSCIUTTO DI PARMA	55
D.O.C cured ham from Parma	
MORTADELLA	28
Large Italian cold cut with pistachio nuts	
MILANO	40
Fine grain Italian salami	
PASTRAMI	25
Local brined beef	

CROISSANTS

PLAIN (V)	30
CHOCOLATE (V)	39
CUSTARD (V)	55
ALMOND (V)	55
BACON AND CHEESE CRUFFIN	50
TOAST	
CAULIFLOWER & ALMOND	12
RYE	5
RUSTICO CIABATTA	5
SEED LOAF	6

CHEESES

EDAM	20
Mild and creamy cow's milk cheese	
EMMENTHAL	22
Fruity and sweet flavour	
TALEGGIO	35
Washed-rind soft cheese	
ASIAGO BLACK	30
Delicate smooth flavour	
GRANA PADANO D.O.P	35
Italian hard cheese	
WHITE CHEDDAR	18
Earthy and savoury	

BACON	35	MAMMA'S BAKED BEANS (V)	30	CREAM CHEESE FRIKET (V)	25
LUGANICA SAUSAGE	35	SPINACH (V)	20	FRUIT SALAD (V)	35
SMOKED SALMON 40G 80G	55 110	HUMMUS (V)	39	YOGHURT (V)	15
GRILLED MUSHROOMS (V)	35	ROASTED TOMATOES (V)	15	MUESLI (V)	35
AVOCADO (V)	30				

SIDES

COLAZIONE

— BREAKFAST —

OVO SAPIENS	95	THE COWBOY*	80
Artisanal toast, scrambled eggs, tomato, mushrooms and bacon		Homemade luganica sausage braised in white wine, tomato, beans, chilli and fresh herbs. Served on toast with sautéed spinach and topped with a poached egg	
TONY SOPRANO	105	SHAKSHUKA*	120
Artisanal toast, topped with rocket, bacon, mushrooms, poached eggs and parmesan béchamel sauce. Finished off with crushed walnuts		Eggs baked and served in napoletana sauce, chorizo sausage, cannellini beans, peppers and onion. Served with artisanal toast	
BEAR'S BENEDICT	95	WAFFLES (V)	75
Poached eggs served with bacon, rocket and basil béchamel sauce on artisanal toast		Served with homemade vanilla gelato and maple flavoured syrup	
RUSTICO (V)	85	- STRAWBERRY CREAM CHEESE SAUCE	35
Artisanal toast served with fresh sliced tomato, homemade hummus, crushed avocado and cream cheese friket		FRENCH TOAST	78
CAULIFLOWER STEAK (V)	90	French toast served with grilled banana, bacon and maple flavoured syrup	
Grilled cauliflower with rocket, poached eggs, feta, halloumi and tomato chutney, finished off with toasted walnuts		L'OMELETTE* (V)	70
SEBASTIAN'S SAUSAGE PATTIES*	110	3 Egg omelette or egg white with mozzarella cheese, served with toasted artisanal bread	
Fresh breakfast sausage patties made in-house, topped with poached eggs, oven-roasted tomatoes and homemade orange & ginger marmalade on the side		- ADD BACON	15
SALMON AND HASH BROWNS	105	- ADD MUSHROOMS (V)	15
Parsley hash browns, basil pesto mayo, rocket, herbed cream cheese and smoked salmon		- ADD SPINACH (V)	12
- ADD POACHED EGG	10	- ADD BREAKFAST SAUSAGE	22
		GRANOLA (V)	45
		Seed, nut and grain granola baked with coconut flakes and goji berries	
		- ADD MILK	10
		- ADD ALMOND MILK	20
		- ADD YOGHURT	20
		- ADD FRUITS	20

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

VISIT OUR BAKERY FOR TODAY'S SPECIALS

Our health conscious sourdough breads contain a natural pre-fermented yeast known as levain which has probiotics beneficial for your gut and is made with imported rye flour. All of our breads are preservative and GMO free, made using filtered water, non-iodised salt and unbleached, stoneground flour in its purest form.

Right of admission reserved. Ingredients subject to availability. Menu descriptors do not contain all ingredients. All of our food items are prepared in a kitchen where nuts, dairy products, wheat gluten, egg and soya are used.



OLD TOWN
—x—
ITALY

OLD TOWN

—x—
CAFFÉ

ESPRESSO Single shot	R22
DOPPIO ESPRESSO Double shot	R25
MACCHIATO Single shot topped with hot frothed milk	R24
CORTADO Single shot topped with steamed milk	R24
CAPPUCCINO Single shot topped with hot frothed milk	R28
AMERICANO Single shot topped up with hot water	R22
NUTELLA MOCHA Single shot blended with chocolate nutella milk	R35
BAMBINOCCHINO Espresso cup filled with warm, frothed milk and topped with cocoa sprinkles for the little ones	R 10
HOT CHOCOLATE Nomu's sustainably sourced cocoa powder based hot chocolate	R35
LATTE Hot frothed milk served with a single shot of espresso	
- REGULAR	R30
- CHAI	R35
- VANILLA	R35
- CARAMEL	R35
- HAZELNUT	R35



AMARENA CHERRY - OREO COOKIES
DARK CHOCOLATE - COTTON CANDY
STRAWBERRY - VANILLA

40

SMOOTHIES

CHUCK BERRY Blueberries, spinach, banana, almond milk and honey	48
BLONDIE Mango, banana, pineapple juice and mint	48
BLAST SMOOTHIE Peanut butter, pea protein, banana, almond milk, dates and honey	55

FRAPPÉS

CAPPUCCINO LUSSO Espresso, milk and honey	35
LA MOCHA Espresso, dark chocolate, milk and honey	35
OREO SUMMIT Espresso, dark chocolate, oreos, milk and honey	45
GINGERBREAD MAN Espresso, gingerbread spice, ginger biscuit, milk and honey	45

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— CLASSIC & SPECIALITY TEAS —

FOR 1 | FOR 2

ENGLISH BREAKFAST A blend of teas from Assam, Ceylon and Kenya	25 38
EARL GREY A black tea infused with the oil of bergamot and orange zest	25 38
CEYLON A black tea of Sri Lankan origin	25 38
ROOIBOS A herbal tea made from the rooibos plant	25 38
GREEN Minimally oxidised Camellia sinensis from China	25 38
MOROCCAN MINT A green tea of North African origin, with Sahara mint	34 48
VANILLA BOURBON A red tea of South African origin with vanilla infusion	34 48
CHAMOMILE A herbal tea made from the chamomile plant	34 48
RED CAPPUCCINO Rooibos tea-based cappuccino	32

COLD PRESSED JUICES

CLASSIC ORANGE Freshly squeezed orange juice	45
ENERGY KICK Pineapple, carrot, ginger, apple and lemon	45
BETA CARROT Beetroot, carrot, butternut, apple and lemon	45
FOREVER YOUNG Pineapple, carrot, apple and butternut	45
JOLLY GREEN Celery, spinach, kale, cucumber and parsley	45
- ADD GINGER	15

ITALIAN SOFT DRINKS

SAN PELLEGRINO Aranciata - Orange Limonata - Lemon Aranciata Rossa - Blood orange Aranciata Melograno - Pomegranate orange	35
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ICED TEAS

SAN BENEDETTO ICED TEA Peach Lemon	35
UBER ROOIBOS ICED TEA Apple and cinnamon Mango and vanilla Berry and buchu	44
TONI GLASS SUGAR-FREE ICED TEA Litchi and lime Lemon balm jujube	45

